



HEALTH AND FITNESS RELEASE OF LIABILITY FORM

I, _____, _____ years of age, have registered in the Gabil sa Kabilin Heritage Hunt contest, which will be held on May 25, 2018 from 5:00 pm to midnight.

I recognize that the contest involves potentially strenuous physical activity including but not limited to, brisk walking, jogging, running, climbing of stairs and other activities that require endurance, and cardiovascular and mental fitness.

I hereby affirm that I am in good physical and mental condition and do not suffer from any known disability or condition which would prevent or limit my participation in this contest.

I acknowledge that my registration and subsequent participation is purely voluntary and is in no way mandated by the Ramon Aboitiz Foundation, Inc.

In consideration of my participation in the Gabii sa Kabilin Heritage Hunt contest, I hereby release the Ramon Aboitiz Foundation, Inc. and its agents from any claims, demands, and causes of actions as a result of my voluntary registration and participation, including any claims and/or liabilities that may arise by reason of the acts or omissions of third parties during the event or that may arise on the occasion thereof;

I fully understand that I may injure myself as a result of my registration and participation in this contest and I hereby release the Ramon Aboitiz Foundation, Inc. and its agents from any liability now or in the future for the conditions that I may obtain. These conditions may include, but are not limited to, heart attacks, strokes, muscle strains, muscle pulls, muscle tears, broken bones, shin splints, injuries to knees or other joints of the body, injuries to back, injuries to a foot, heat prostration, or any other illness or soreness that I may incur, including death.

I HEREBY AFFIRM THAT I HAVE READ AND FULLY UNDERSTAND THE ABOVE STATEMENTS.

(Printed name and signature of participant)

(Date)

For minors:

(Printed name and signature of guardian)

(Date)